



## Hatfield Community Free School RSE & Health Education Overview

### Information for Parents

In Year 2, Year 4, and Year 6, children will take part in Relationships and Sex Education (RSE) lessons as part of our wider RSHE curriculum. Parents will be notified at least one half term before these lessons begin. At that time, you will receive a Google Form to confirm and update whether you consent for your child to participate in specific non-statutory lessons. Please note that parents cannot withdraw their child from all lessons, as many aspects of RSHE are statutory. *Statutory* means these lessons are required by law and must be taught in all primary schools.

Curriculum maps for each year group are available on the school website. These maps show the full PSHE and RSHE learning for the year, and any areas marked with a star indicate where RSE content is included. If you have any concerns, please contact your child's class teacher in the first instance.

To support transparency, we offer an **Open Classroom** session a few weeks before RSHE lessons take place. Parents are welcome to drop in, review lesson content, and take part in a Q&A session with the class teacher. Our PSHE and RSHE curriculum leads, **Miss Millie Irish** and **Mrs Thea Atkin**, will also be available during these sessions and are happy to discuss any questions you may have.

Our curriculum is fully aligned with government guidance, and we place children at the heart of everything we do, ensuring their safety, wellbeing, and development.

# Our RSE & Health Education Guide

## Why This Matters:

We want every child to feel safe, respected, and confident as they grow. The updated curriculum helps children understand themselves and others, build healthy relationships, and stay safe in today's world.

## What Children Learn:

### Relationships Education:

- Families and people who care for them
- Friendships built on kindness and respect
- Staying safe online and offline

### Health Education:

- Mental wellbeing and emotional resilience
- Healthy lifestyles and eating habits
- Physical health and changes during puberty
- Safety, including first aid and understanding risks

### Sex Education:

- Parents can request to withdraw their child from specific sex education lessons (not science or health topics)
- Lessons that can be withdrawn from will be notified to you before teaching begins.

### Inclusive Learning:

- Children learn about different families and relationships
- All teaching promotes respect, equality, and understanding

### Working Together:

We value your role as parents and carers. You'll be informed about what's being taught and can support learning at home. Our aim is to work in partnership with you to help your child thrive.