

Year 3 – PSHE Curriculum Map

AUTUMN	Relationships	<u>TEAM:</u> This unit is inspired by the idea that if a class team works well together, it has a positive impact on all of its members and what they can achieve. It aims to enable the children to identify the impact their actions have on the team they are working in. In this unit, children learn about successful teamwork skills, being considerate of others in the team and how to positively resolve any conflicts that occur. They will also learn about the individual responsibilities towards teams they work in and how new starts, such as starting a new school year, may feel and how they can support each other in this.
		• Work with a partner to write down a change that has come with starting Year 3; • Create a role play about a team scenario; • Read clues and work as a team to solve a crime; • Identify a feeling and how it is expressed; • Show the resolution to a dispute through pictures; • Create a list of 'Pass It On' ideas.
	Living in the Wider World	<u>Think Britain:</u> This unit is inspired by the idea that we live in a diverse, multicultural and democratic society and that this is important and brings many benefits. It aims to enable the children to identify that they should be respectful of difference. In this unit, the children learn about British rules, the law, liberty and what living in democracy means. They also learn about the importance of being tolerant of differences within their society
		• Describe the benefits in a diverse and multicultural society; • Understand why democracy is important; • Identify how rules and laws help them; • Identify the rights of the British people; • Describe what being British means to others.
SPRING	Relationships	<u>Be Yourself:</u> This unit is inspired by the idea that it is important to have confidence to be yourself. It aims to enable children to identify their strengths and achievements as well as help them to recognise different emotions they experience. In this unit, children will also explore how to express their thoughts and feelings respectfully and how to be assertive when in uncomfortable situations. The children will also have an opportunity to explore the influence of the media in how we view ourselves and analyse the reality of these messages. The unit ends with the children exploring how to make things right when we make mistakes and the importance of learning from these.
		• Identify their own strengths; • Explain that how they are feeling on the inside can affect their facial expressions and body language; • Identify and begin to implement strategies to help them cope with uncomfortable feelings; • Begin to demonstrate appropriately assertive behaviour; • Analyse messages given by the media about how they should look, think and behave; • Demonstrate how they are going to make things right after mistakes have been made; • Explain what they have learnt and how they have grown from mistakes they have made.

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SUMMER	Living in the Wider World	<u>Money Matters:</u> This unit aims to encourage children to think about where money comes from and how it can be used. Children will discuss how we spend money, why people might need to borrow money and the consequences of this. Children will begin to discuss the difference between things we want, things we need and how to prioritise our spending. Through this unit of learning, children will also consider what influences their spending and how we can keep track of what we spend.
		• Discuss some of the consequences of debt; • Talk about the importance of prioritising our spending; • Discuss advertisements that try to influence what we buy; • Explain why it is important to keep track of what we spend.
	Health and Wellbeing	<u>It's My Body:</u> This unit, entitled 'It's My Body', explores the choices children can make about looking after their bodies. The lessons look at making safer choices about their bodies, sleep and exercise, diet, cleanliness and substances. Children will learn facts about each of these areas and learn strategies on how to manage them. The message of choice and consent runs through the unit and children are encouraged to get help from trusted adults when necessary.
	Health and Wellbeing	<u>Aiming High:</u> In this unit of work, children will focus on goals and aspirations. They will start by discussing achievements they have accomplished so far and the type of attitude that helps us succeed. They will identify ways of applying a growth mindset to new challenges and learn about the importance of resilience. Opportunities will also be provided for children to share aspirations for the future, with regard to employment and personal goals, and through this learning they will consider different jobs and roles. In doing this we will explore some of the difficulties faced by stereotyping. Children will also have the opportunity to think further about the specific skills they might wish to develop in order to achieve their short, mid and long-term goals.
		• Identify skills and attributes that are useful in many roles; • Identify elements of a growth mind set; • Identify and challenge stereotypes; • Discuss goals they could set to work towards their ambitions; • Discuss challenges many people face and how some people overcome these.