



To inspire, enrich and nurture so each individual reaches their full potential

Hatfield Community Free School, Briars Lane, Hatfield, Herts, AL10 8ES
Website: www.hcfs.org.uk Telephone: 01707 276018 Email: office@hcfs.org.uk



@hatfieldcfs1



@hatfieldcfs

Principal: Mrs Victoria Hobson

The HCFS is a company limited by Guarantee Registration number 07648654

Relationships and Sex Education Policy (RSE)

September 2023

To be reviewed annually in the Autumn Term

Next Review: September 2024

History of Document:

Issue No.	Date Issued	Prepared By	Approved By	Comments
Issue 1	Sept 2020	Ellen Summers	Governing Body	New policy adopted
Issue 2	Sept 2021	Ellen Summers	Victoria Hobson	Added Google Form as a form of parental consent
Issue 3	Sept 2022	Meg Bruton	Victoria Hobson	Right to Withdraw communication changed from phase leader to subject custodian
Issue 4	Sept 2023	Sian Hammond	Victoria Hobson	Added subject custodian details and statement about SEN pupils.

Contents

1. Introduction.....	2
2. Context.....	2
3. Organisation	3
4. SEN	3
5. Right to Withdraw	3
6. Content	4

1. Introduction

The following statements should be considered when understanding HCFS Policy on Relationships and Sex Education.

The Department for Education introduced compulsory Relationships Education for primary pupils, and Relationships and Sex Education (RSE) for secondary pupils in September 2020. In addition, from September 2020 it was compulsory for all schools to teach Health Education.

To embrace the challenges of creating a happy and successful adult life, pupils need knowledge that will enable them to make informed decisions about their wellbeing, health and relationships and to build their self-efficacy. Pupils can also put their knowledge into practice as they develop the capacity to make sound decisions when facing risks, challenges and complex contexts. Everyone faces difficult situations in their lives. These subjects can support young people to develop resilience, to know how and when to ask for help, and to know where to access support. – DfE Relationships Education, Relationships and Sex Education (RSE) and Health Education Statutory Guidance

UNICEF’s Charter of Children’s Rights. *“The right to education includes the right to sexual education, which is both a human right in itself and an indispensable means of realising other human rights, such as the right to health, the right to information and sexual and reproductive rights – (Report to the UN General Assembly – July 2010 | Item 69, paragraph 18).*

RSE is part of the personal, social and health education (PSHE) curriculum in our school, which promotes the British Values of democracy, the rule of law, individual liberty and mutual respect for and tolerance of those with different faiths and beliefs and for those without faith and SMSC (spiritual, moral, social and cultural development). When we inform our pupils through RSE about sexual issues, we do this with regard to morality and individual responsibility, and in a way that allows children to ask and explore moral questions. We also are guided by the Equalities Act 2010 and Education Act 2011, ensuring that the staff of HCFS do their best for all pupils, irrespective of disability, educational needs, race, nationality, ethnic or national orientation, sex, gender identity, religion, sexual orientation or whether they are a looked after child.

2. Context

We teach children about sexual themes in the context of the school’s Science and PSHE curriculum, which is delivered by teaching staff at HCFS. This is overseen by Miss Millie Irish (PSHE) and Miss Michelle Levesconte (Science) as subject custodians. Teaching and learning in this area of the curriculum is quality assured in line with our monitoring schedule. While RSE in our school means that we give children information about sexual behaviour, we do this with an awareness of the moral code, of the values which underpin all our work and in line with statutory guidance from the DfE. In our ever-changing, technologically advanced society, we believe teaching RSE within the controlled educational setting enables pupils to develop their understanding of factors that will influence their lives as they develop. We teach RSE on the understanding that:

- It is taught in the context of puberty;
- It is part of a wider process of social, personal, spiritual and moral education;
- Children should be taught to have respect for their own bodies;
- It is important to build positive relationships with others, involving trust and respect;
- It should teach pupils the knowledge they need to recognise and to report abuse, including emotional, physical and sexual abuse.

3. Organisation

We teach about sex through different aspects of the curriculum. Predominantly, RSE is taught through our personal, social and health education (PSHE) curriculum, we also teach RSE through science, which we believe contribute significantly to children's knowledge and understanding of their own bodies, and how they are changing and developing.

In PSHE, we teach children about relationships, and we encourage children to discuss issues. We teach about the parts of the body, and how these work, and we explain to the children what will happen to their bodies during puberty.

In science lessons, Key Stage 2 teachers inform children about puberty. For this aspect of our teaching, we follow the national curriculum. In Key Stage 1, we teach RSE to children about how animals, including humans, move, feed, grow and reproduce, and we also teach them about the main parts of the body. Children learn to appreciate the fact that people are not all the same, and that we need to respect each other. In Key Stage 2, we teach about life processes, and the main stages of the human life cycle, in greater depth.

In Years 5 and 6, we place a particular emphasis on health education, as many children experience puberty at this age through the PSHE and science curriculum. Teachers do their best to answer all questions with sensitivity and care. By the end of Key Stage 2, we ensure that both boys and girls know how babies are born, how children's bodies change during puberty, what menstruation is, and how it affects women. We always teach this with due regard for the emotional development of the children.

We will consult all parents and carers of children in Years 5 and 6 when lessons on puberty will take place within the science curriculum and provide them with the availability to seek further clarification from the phase leader should they wish to. Curriculum overviews are available for parents and carers via the school website.

4. SEN

Children with special educational needs, physical disabilities and learning difficulties are taught the RSE curriculum according to their needs. We work in partnership with health professionals, parents and carers sharing the curriculum and resources on our school website. If it is deemed necessary, SEND children can be taught in small groups or individually at a slower pace to suit their needs.

5. Right to Withdraw

Parents do not have the right to withdraw their child from statutory changes to Relationship Education; however, they do have the right to withdraw their child from sex education beyond the national curriculum within science and PSHE.

Parents will be informed via email from the subject custodian (via the school office) before any lesson containing content from the sex education curriculum is delivered. Parents will be required to give consent for their child to participate in the lesson via a Google Form. Any parent who fails to respond will receive a follow up call from their office to receive their response before the lesson is delivered.

Sex Education lessons that can be withdrawn from, are clearly stated in the year groups Curriculum Maps, which are shared with parents. Staff at HCFS will be transparent with parents as to when sensitive themes are

being covered across the school. Guidance on what is being taught across the school will have been shared with parents as well as contact from the PSHE Leaders with regards to units that are being covered.

6. Content

The table below outlines the aspects of RSE, which are taught in each year group through PSHE and science. A full Curriculum Map for PSHE and science is also available on the HCFS school website.

Content shown in red signifies learning parents have the right to withdraw their child from.

Year Group	RSE in the PSHE Curriculum	RSE in the Science Curriculum
Reception	Children will learn: Their family unit and why this is special to them. Friendships which are special to them.	Children will learn: Names of body parts.
Year 1	Children will learn: Their family unit and why this is special to them. Friendships which are special to them.	Children will learn (Year A): How their bodies have changed since birth. Healthy diets and lifestyles. Basic needs for survival.
Year 2	Children will learn: To describe the physical changes humans go through as they grow up; The scientific names of parts of the male and female body including the reproductive organs scientific names.	Children will learn (Year A): How their bodies have changed since birth. Healthy diets and lifestyles. Basic needs for survival.
Year 3	Children will learn: Their family unit and why this is special to them. Friendships which are special to them.	Children will learn (Year A): Oral health and hygiene. Children will learn (Year B): Healthy eating and exercise, self-belief and positive team spirit.
Year 4	Children will learn: To explain the male and female reproductive body parts are for; Discuss ways in which people can deal with or overcome emotions experience during puberty. Show respect for the difference between different families; Describe the different relationships that exist without prejudice; Show an awareness of the myths surrounding pregnancy and birth; Describe the conception and birth of a baby, using some scientific vocabulary.	Children will learn (Year A): Oral health and hygiene. Children will learn (Year B): Healthy eating and exercise, self-belief and positive team spirit.
Year 5	Children will learn: To identify some factors that influence the choice they make about their bodies.	Children will learn (Year A): Human life cycles. Development from Foetus to Child Adolescence and Puberty Healthy bodies Effects of drugs and alcohol (including medicines and legal drugs)
Year 6	Children will learn: How to look after their bodies during puberty; Describe the different types of loving relationships that exist; Explain the laws around sexual relationships; Explain what contraception is and what it is used for and what an STI is; Use a range of vocabulary to describe gender and orientation; Describe the process from conception to birth and needs of the foetus.	Children will learn (Year A): Human life cycles. Development from Foetus to Child Adolescence and Puberty Healthy bodies Effects of drugs and alcohol (including medicines and legal drugs)