

Ball Skills	YR	Y1	Y2	KS2	
	Hands 1: <ul style="list-style-type: none">Explore pushingExplore rollingExplore bouncingExplore bouncing into spaceCombine pushing and rollingCombine rolling, pushing and bouncing <p>Taught in Autumn 2</p>	Hands 1: <ul style="list-style-type: none">Introduce sending (bouncing) with controlIntroduce aiming with accuracyIntroduce power and speed when sending a ballIntroduce/develop stopping, combing sending skillsCombine sending and receiving skills <p>Taught in Autumn 1</p>	Hands 1: <ul style="list-style-type: none">Develop dribbling/passing and receivingCombine dribbling, passing and receiving, keeping possessionDevelop dribbling/passing and receiving to score a pointCombine dribbling, passing and receiving to score a point <p>Taught in Spring 1</p>	Handball, Dodgeball, Netball, Tag Rugby, Basketball (see invasion games)	
	Hands 2: <ul style="list-style-type: none">Explore throwing overarmExplore throwing underarmExplore rollingExplore stopping a ballExplore catching <p>Taught in Summer 1</p>	Hands 2: <ul style="list-style-type: none">Introduce throwing with accuracyApply throwing with accuracy in a teamIntroduce stopping a ballDevelop sending (rolling) skills to score a pointConsolidate sending and stopping to win a game <p>Taught in Summer 1</p>	Hands 2: <ul style="list-style-type: none">Consolidate pupils application and understanding of underarm throwingApplying the underarm and overarm throw to win a gameApplying the underarm throw to beat an opponent <p>Taught in Summer 1</p>	Rounders, Cricket (see striking and fielding games)	
	Feet: <ul style="list-style-type: none">Explore moving with a ball using our feetDevelop moving a ball using our feetUnderstand dribblingDevelop dribbling against an opponent <p>Taught in Autumn 2</p>	Feet: <ul style="list-style-type: none">Develop moving the ball using the feetApply dribbling into gamesConsolidate dribblingExplore kicking (passing)Apply kicking (passing) to score a point <p>Taught in Spring 1</p>	Feet: <ul style="list-style-type: none">Develop dribbling/passing/receiving, keeping possessionCombine dribbling, passing and receiving, keeping possession/to score a pointApply dribbling, passing and receiving as a team to score a point <p>Taught in Autumn 1</p>	Football (see invasion games)	
	Rackets, Bats, Balls and Balloons: <ul style="list-style-type: none">Explore pushing/hitting a balloon with controlExplore hitting a balloon with power into a spaceExplore balancing an object on a racket/bat <p>Taught in Summer 1</p>	Rackets, Bats and Balls: <ul style="list-style-type: none">Explore pushing (dribbling) a ball with a racket; introducing controlExplore hitting and develop pushing a ball (with a racket) towards a targetExplore hitting a ball (with a racket) with power and accuracy <p>Taught in Summer 2</p>	Rackets, Bats and Balls: <ul style="list-style-type: none">Extend hitting the ball (with a racket) with accuracyCombine hitting a ball (with a racket) with accuracy and powerHitting (striking) a ball (with a racket) with accuracy and power to beat an opponent <p>Taught in Summer 1</p>	Tennis (see net/wall games)	Cricket (see striking and fielding games)

Invasion Games		LKS2		UKS2	
	Dodgeball	Dodgeball – phase 1: <ul style="list-style-type: none">Developing changing directionIntroduce throwing with accuracyIntroduce catchingDevelop moving, changing direction at speedCombine throwing and dodging	Dodgeball – phase 2: <ul style="list-style-type: none">Introduce jumping and duckingDevelop throwing with accuracy and power over an increased distanceDevelop catchingConsolidate dodging, jumping and ducking into gamesCombine dodging, catching and throwing	Dodgeball – phase 1: <ul style="list-style-type: none">Introduce blockingConsolidate catchingUnderstand where we throw and why we need to throw with accuracy and powerExplore basic attacking and defending tactics	Dodgeball – phase 2: <ul style="list-style-type: none">Consolidate/understanding attacking and defending tacticsTransition between attack and defenceApplying the rules: officiating gamesManaging tactics and officiate games
		Taught in Y3 Autumn 1		Taught in Y5 Autumn 1	
	Hockey	Hockey – phase 1: <ul style="list-style-type: none">Introduce dribbling; keeping controlIntroduce passing and receivingCombine dribbling and passing to create spaceDevelop passing, receiving and dribblingIntroduce shooting	Hockey – phase 2: <ul style="list-style-type: none">Refine dribbling and passingDevelop shooting; combine passing and dribbling to create shooting opportunitiesDevelop passing and dribbling creating space for attacking opportunitiesIntroduce defending; blocking and tackling	Hockey – phase 1: <ul style="list-style-type: none">Develop defending; block and tacklingRecap and refine dribbling and passing to create attacking opportunitiesRefine attacking skills, passing, dribbling and shootingRefine defending skills developing transition from defence to attack	Hockey – phase 2: <ul style="list-style-type: none">Consolidate keeping possessionDevelop officiatingCreate, understand and apply attacking/defending tactics in game situations
		Taught in Y3 Spring 1		Taught in Y5 Spring 1	
	Handball	Handball – phase 1: <ul style="list-style-type: none">Introduce passing, receiving and creating spaceDevelop passing and movingCombine passing and movingIntroduce shootingDevelop passing and shooting	Handball – phase 2: <ul style="list-style-type: none">Refine passing and receivingDevelop passing and creating spaceDevelop passing, moving and shootingIntroduce defending	Handball – phase 1: <ul style="list-style-type: none">Introduce passing, receiving and creating spaceExplore the function of other passesDevelop defendingDevelop passing and creating spaceIntroduce officiatingRefine shooting	Handball – phase 2: <ul style="list-style-type: none">Consolidate keeping possessionDevelop officiatingUnderstand and apply defending tactics in game situationsConsolidate defensive tacticsUnderstand and apply defensive tactics in game scenarios
		Taught in Y4 Spring 1		Taught in Y6 Spring 1	
	Netball	Netball – phase 1: <ul style="list-style-type: none">Introduce passing, receiving and creating spaceDevelop/combine passing and movingCombine/develop passing and shooting	Netball – phase 2: <ul style="list-style-type: none">Refine passing and receivingDevelop passing and creating spaceDevelop passing, moving and shootingRefine passing and shootingDevelop footwork	Netball – phase 1: <ul style="list-style-type: none">Refine passing and receivingApply passing, footwork and shooting into mini gamesIntroduce officiatingExplore the function of other passing styles	Netball – phase 2: <ul style="list-style-type: none">Consolidate keeping possessionDevelop officiatingConsolidate defendingCreate, understand and apply attacking/defending tactics in game situations
		Taught in Y4 Autumn 1		Taught in Y6 Autumn 1	
	Tag Rugby	Tag Rugby – phase 1: <ul style="list-style-type: none">Introduce moving with the ball, passing and receivingIntroduce taggingCreate space when attackingDevelop passing and movingCombine passing/moving to create attacking opportunities	Tag Rugby – phase 2: <ul style="list-style-type: none">Develop passing, moving and create spaceApply learning to 3v3 mini gamesDevelop defending in game situationsCombine passing and moving to create an attack and score	Tag Rugby – phase 1: <ul style="list-style-type: none">Refine passing and moving to create attacking opportunitiesExplore different passes that can be used to outwit defendersRefine defending as a teamCreate and apply defending tacticsDevelop officiating	Tag Rugby – phase 2: <ul style="list-style-type: none">Consolidate passing and movingConsolidate defendingCreate, understand and apply attacking/defending tactics in game situationsConsolidate attacking and defending in mini games
		Taught in Y3 Autumn 2		Taught in Y5 Autumn 2	
	Basketball	Basketball – phase 1: <ul style="list-style-type: none">Introduce dribbling, keeping controlIntroduce passing and receivingCombine dribbling and passing to create spaceDevelop passing, receiving and dribblingIntroduce shooting	Basketball – phase 2: <ul style="list-style-type: none">Refine dribblingRefine passing and receivingRefine passing and dribbling creating spaceRefine passing and dribbling creating shooting opportunitiesIntroduce marking	Basketball – phase 1: <ul style="list-style-type: none">Recap and refine dribbling and passing to create attacking opportunitiesDevelop markingRefine shootingRefine attacking skills, passing, dribbling and shootingIntroduce officiating	Basketball – phase 2: <ul style="list-style-type: none">Consolidate keeping possessionDevelop officiatingConsolidate defendingCreate, understand and apply attacking tactics in game situationsCreate, understand and apply defending tactics in game situations
		Taught in Y3 Spring 2		Taught in Y5 Spring 2	
	Football	Football – phase 1: <ul style="list-style-type: none">Introduce/develop dribbling keeping controlIntroduce passing and receivingCombine dribbling and passing to create spaceDevelop passing, receiving and dribbling	Football – phase 2: <ul style="list-style-type: none">Refine dribblingTurningRefine passing and receivingDevelop passing and dribbling creating spaceIntroduce shooting	Football – phase 1: <ul style="list-style-type: none">Refine dribbling and passing to maintain possessionIntroduce and develop defendingDevelop shootingRefine attacking skills, passing, dribbling and shootingIntroduce officiating	Football – phase 2: <ul style="list-style-type: none">Consolidate keeping possessionDevelop officiatingConsolidate defendingOrganise formations, decide tactics, manage teams and officiate games
		Taught in Y4 Autumn 2		Taught in Y6 Autumn 2	

Net/Wall Games	Y3	Y4	Y5	Y6
	Tennis: <ul style="list-style-type: none">Introduce tennis, outwitting an opponentCreating space to win a pointConsolidate how to win a gameIntroduce racketsIntroduce the forehand <div>Taught in Summer 2</div>	Tennis: <ul style="list-style-type: none">Developing the forehandCreating space to win a point using a racketIntroduce the backhandApplying the forehand and backhand in game situationsApplying the forehand and backhand creating space to win a point <div>Taught in Summer 2</div>	Tennis: <ul style="list-style-type: none">Introduce/develop the volleyControlling the game from the serveDoubles, understanding and applying tactics to win a point <div>Taught in Summer 2</div>	Tennis: <ul style="list-style-type: none">Game applicationGame application, mixed ability doubles, round robin games <div>Taught in Summer 2</div>
Striking and Fielding Games	Y3	Y4	Y5	Y6
	Rounders: <ul style="list-style-type: none">Introduce to roundersIntroduce overarm throwingApply overarm and underarm throwingIntroduce stopping the ballApplication of stopping the ball in a game <div>Taught in Summer 1</div>	Rounders: <ul style="list-style-type: none">Develop fielding bowling with a backstopIntroduce batting: howDevelop batting: where are whyIntroduce and apply basic fielding tactics <div>Taught in Summer 1</div>	Rounders: <ul style="list-style-type: none">Develop fielding tactics maximising playersUnderstand what happens if the batter misses the ballRefine fielding tactics, what players where?Apply tactics in mini games <div>Taught in Summer 1</div>	Rounders: <ul style="list-style-type: none">Introduction to full roundersConsolidate fielding tacticsRefine understanding of what happens if the batter misses or hits the ball backwardsBatting considerations <div>Taught in Summer 1</div>
	Cricket: <ul style="list-style-type: none">Understand the concept of fielding and battingIntroduce throwing overarmIntroduce throwing underarmIntroduce catchingStriking with intent <div>Taught in Summer 2</div>	Cricket: <ul style="list-style-type: none">Develop an understanding of batting and fieldingIntroduce bowling underarmDevelop stopping and returning the ballDevelop retrieving and returning the ballStriking the ball at different angels and speeds <div>Taught in Summer 2</div>	Cricket: <ul style="list-style-type: none">Refine batting, understand and develop batting and bowling tacticsRefine fielding stooping, catching and throwingCombine bowling and fielding creating and applying tacticsIntroduce umpiring and scoring <div>Taught in Summer 2</div>	Cricket: <ul style="list-style-type: none">Consolidate batting/fielding/bowlingCreate, understand and apply attacking/defensive tactics in games <div>Taught in Summer 2</div>
Athletics	Y3	Y4	Y5	Y6
	Athletics: <ul style="list-style-type: none">Explore running for speedExplore accelerationIntroduce/develop relay: running for speed in a teamThrowing: accuracy vs distanceStanding long jump <div>Taught in Summer 1</div>	Athletics: <ul style="list-style-type: none">Develop running at speedExplore our stride patternExplore running at paceUnderstand and apply tactics when running for distanceIntroduce the javelinStanding triple jump <div>Taught in Spring 2 and Summer 1</div>	Athletics: <ul style="list-style-type: none">Finishing a raceEvaluating our performanceSprinting: my personal bestRelay changeoversIntroduce the Shot PutIntroduce the hurdles <div>Taught in Summer 1</div>	Athletics: <ul style="list-style-type: none">Running for speed competitionRunning for distance competitionThrowing competitionJumping competition <div>Taught in Spring 2 and Summer 1</div>
Key Vocabulary	YR	KS1	LKS2	UKS2
	accuracy, aiming, apparatus, attacker, balancing, beat, big, bouncing, catching, change of direction, control, defender, distance, dribbling, expression, height, high, hitting, hopping, jumping, landing, low, marching, moving, opponent, opposite, over, possession, power, rhythm, rolling, rules, sequence, shapes, sharing, small, space, speed, stopping, tagging, tempo, throwing, timing, transition, walking	acceleration, accuracy, agility, aiming, attacker, balance, batter, beat, big, catching, chest pass, choreography, communication, control, co-operation, co-ordination, courage, defender, distance, dodge, dribbling, emotion, expression, fairness, fielder, flow, hand-eye co-ordination, hitting, inclusion, interesting, jump, jumping, landing, linking, motif, motivation, moving, narrow, opponent, opposite, passing, possession, power, rhythm, roll, rolling, rules, sequence, skipping, small, space, speed, stimulus, strategy, tactics, team, team member, teamwork, tempo, throwing, timing, transition, trust, unison, warm up, wide, zig-zag	½ a rounder, acceleration, accuracy, aiming, asymmetrical, attacker, backhand, ball carrier, barrier, base/posts, baseline, batting, block, bounce pass, bowling, bridge, canon, catching, change over, character, choreography, chest pass, communication, control, creativity, defenders, distance, dodge, drag back, dribbling, ducking, emotion, end, expression, extension, fielder, flow, footwork, forehand, forward pass, free hit, free kick, free pass, goalkeeper, intercepting, interesting, levels, linking, listening, marking, motif, navigate, non-verbal communication, offside, out, out of bounds, outwit, pace, penalty, pivot, possession, power, problem solving, rally, relay, responsibility, retrieving, rhythm, rolling, rounder, route, shooting, shoulder pass, space, speed, stage presence, strategy, stride pattern, strike, symbol, symmetrical, tackling, tactics, tag, tagging, teamwork, the long barrier, throwing, timing, transition, triple threat, trust, try, turning, verbal communication	accuracy, adapt, advantage, aiming, attack, back/end line, backcourt violation, backhand, backstop, batting/bowling square, block, blocking, bounce pass, bowling, breakdance, bye, canon, cardiovascular system, centre line, change over, character, choreography, communication, compositional, co-operation, counter attack, counter balance, counter tension, creativity, defender, distance, dodge, double dribble, doubles, eliminated, emotion, equipment, evaluation, events, expression, false start, fitness, flexibility, flow, forehand, formation, four runs, free hit, goal side, high press, improvisation, interconnecting, interesting, knock on, lap, leadership, leg bye, levels, listening, loop pass, man-to-man marking, marking, matching, mirroring, miss pass, motif, motivation, no ball, out, outfielder, outwit, over, people, personal best, possession, power, pressure, rebound, recover, referee, responsibility, retrievers, return, rhythm, rolling, run out, scale, serve, shadowing, shoulder pass, six runs, space, speed, stage presence, strategy, street art, strength, support, tackle, tactics, team member, teamwork, through ball, throwing, timing, top rock, tracking back, transition, travelling, umpire, unison, volley, wicket keeper, wide, zonal marking